

How to Use *CheckUp*



1

Pole assembly

Attach the metal ring to the telescopic pole by rotating it.



2

Place the cup

Pull the metal ring to extend the pole and place the cup in it.



3

Collect sample

Catch a sample while dog is urinating and bring home for testing.



4

Fill the vial

Fill the vial at least 3/4 way using the pipette.



5

Dip the strip

Simply dip the strip into the vial and make sure all squares are submerged.



6

Read results

Quickly place the strip next to the Results card and follow the instructions underneath the table.



7

Keep the sample

If necessary, close the vial with the cap and keep in the refrigerator.



8

Further analysis

If test shows any positive result, take the sample to your vet for further testing.

⚠ Important Notes!

- To avoid contamination, make the sure cup is clean and seal it after collection.
- It is extremely important to read the results according to the outlined time frames.
- Please note that the colors on the diagnostic strip will continuously change.
- Sample can be refrigerated for up to 48 hours before being taken for further evaluation.
- CheckUp is a single-use product and should not be reused.

RESULTS CARD



Negative



Positive

60sec

- Once you have dipped the testing strip into the vial of collected urine, immediately place it next to the table.
- After 60 seconds, read the results and circle the matching colors.

CAUTION:

As the colors on the testing strip will continuously change over time, it is important to evaluate the colors at exactly 60 seconds from the dipping.

For optimal results, collect urine in the morning or 2 hours after a daytime meal.

Urobilinogen	0.2 Normal	1.0 Normal	2.0 +	4.0 ++	8.0 +++	12 +++++
Bilirubin	NEG	17+	50++	100+++		
Ketones	NEG	0.5±	1.5+	4.0++	8.0+++	16++++
Blood	NEG	10±	25+	80++	200+++	5-10 50Ery/jL
Protein	NEG	0.15±	0.3+	1.0++	3.0+++	20++++
Nitrite	NEG	Positive (Any degree of uniform pink colour)				
Leukocytes	NEG	15±	70+	125++	500+++	
Glucose	NEG	5.5±	14+	28++	55+++	110++++
Specific Gravity	NEG	1.005	1.010	1.015	1.020	1.025 1.030
pH	NEG	6.5	7.0	7.5	8.0	9.0

CheckUp
AT-HOME WELLNESS TEST FOR PETS



Coastline Global

CheckUpkit.com

How to Use *CheckUp*



1
Pour the litter
Pour all hydrophobic litter in a clean and empty litter box.



2
Wait for your cat
Allow your cat to urinate freely on the hydrophobic litter.



3
Collect samples
Collect urine from the top of the sand with the pipette.



4
Fill the vial
Fill the vial at least 3/4 way using the pipette.



5
Dip the strip
Simply dip the strip into the vial and make sure all squares are submerged.



6
Read results
Quickly place the strip next to the Results card and follow the instructions underneath the table.



7
Keep the sample
If necessary, close the vial with the cap and keep in the refrigerator.



8
Further analysis
If test shows any positive result, take the sample to your vet for further testing.

⚠ Important Notes!

- Before pouring the hydrophobic litter, make sure the litter box is clean and empty.
- It is extremely important to read the results according to the outlined time frames.
- Please note that the colors on the diagnostic strip will continuously change.
- Sample can be refrigerated for up to 48 hours before being taken for further evaluation.
- CheckUp is a single-use product and should not be reused.

RESULTS CARD



Negative

1. Fully submerge the testing strip square into the urine sample for 2 seconds.

2. Place your testing strips next to the color legend and read each of the results according to the outlined time frame.

3. IMPORTANT!

Quickly evaluate your result as the color will continue to change.

CAUTION:

As the colors on the testing strip will continuously change over time, it is important to evaluate the colors according to the outlined time frame

For optimal results, collect urine in the morning or 2 hours after a daytime meal.



Positive

Leuko-
cytes
120sec



NEGATIVE(-)
0

Nitrite
30sec



NEGATIVE(-)

Urobilin-
ogen
30sec



0/NORMAL
12

Protein
30sec



NEGATIVE(-)

pH
30sec



5.0 6.0

Blood
60sec



NEGATIVE(-)

Specific
Gravity
10sec



1.000

Ketones
30sec



NEGATIVE(-)

Bilirubin
30sec



NEGATIVE(-)

Glucose
30sec



NEGATIVE(-)



TRACE(±)
15



SMALL(+)
70



MODERATE(++)
125



LARGE(+++)
500 ca CELLS/μL



POSITIVE(ANY DEGREE OF PINK COLOR)
+



POSITIVE(ANY DEGREE OF PINK COLOR)
+



POSITIVE(ANY DEGREE OF PINK COLOR)
+



POSITIVE(ANY DEGREE OF PINK COLOR)
+



1
16



2
32



4
64



8
128 μ mol/L



TRACE(±)



30(+)
0.3



100(++)
1.0



300(+++)
3.0



>2000(+++++)
mg/dL



6.5



7.0



7.5



8.0



8.5



NON-HEMOLYZED(±)
10/TRACE



HEMOLYZED(±)
10/TRACE



SMALL(+)
25



MODERATE(++)
80



LARGE(+++)
250 ca CELLS/μL



1.005



1.010



1.015



1.020



1.025



1.030



TRACE(S)
0.5



SMALL(1S)
1.5



MODERATE(40)
4.0



LARGE(80)
8.0



LARGE(160)
mg/dL
16 mmol/L



SMALL
1+



MODERATE
3++



LARGE
6+++



100
5



250(+)
15



500(++)
30



1000(+++)
60



>2000(+++++)
mg/dL
110 mmol/L